



NM High Fidelity Wraparound Training Descriptions

Wraparound 101 (2.5 hours) This training introduces High-Fidelity Wraparound to individuals who are not familiar with it. This training defines Wraparound, explains its place in the continuum of care and presents Wraparound's supporting evidence and outcomes. Participants will learn the set of values that guide the Wraparound philosophy and the core elements that structure the process.

Wraparound eLearning Modules (4 CEU hours total) NMHF Wraparound has developed 5 eLearning modules as pre-requisites to the Wraparound Facilitator certification training track. The first module is an overview of the Facilitator-in Training Track and each content module 2-5 contains relevant content knowledge checks throughout and a quiz at the end that must be passed to receive credit (1 CE each)

Module 1 – Facilitator-in-Training Overview Module 1 describes the rigorous training and certification process known as the NM High-Fidelity Wraparound Facilitator in Training (FIT) Track. Before taking on the responsibilities of a Facilitator, it is important to understand High Fidelity Wraparound and the critical role Facilitators play in this process.

Module 2 – History and Research of Wraparound (1 hour) Module 2 reviews the history and research of Wraparound both at the national level and in New Mexico. Wraparound and its place within a Children's System of Care is explored to include utilization and cost drivers of certain treatment modalities within the current system. The effectiveness of Wraparound in comparison to other treatment modalities is discussed.

Module 3 – What is Wraparound? (1 hour) Module 3 explores what Wraparound is and where it fits within a System of Care and system of care coordination. The definition of Wraparound and the Theory of Change upon which Wraparound operates are discussed in detail. Participants will learn about the distinctive components of Wraparound and how it differs from other interventions.

Module 4 – Values of Wraparound (1 hour) Module 4 presents each of the 11 Core Values that are Essential to the practice of High-Fidelity Wraparound in New Mexico. A Wraparound Facilitator is expected to work with a family, providers and system partners while consistently applying these values. When these values are consistently practiced, a youth and family starts to believe that their voice matters and that there is hope for change. At the same time, providers and system partners experience the power of collaboration and validation. The definition of each value, why it is needed and the value's benefit to the Wraparound process is discussed.

Module 5 – ACES (1 hour) Module 5 explores Adverse Childhood Experiences and the lifelong impact of early childhood trauma on a person's physical and mental health. Prevalence of ACEs at both the national and state level is discussed. Participants will learn their own ACE score and consider how ACEs may impact the youth and families involved with NM High-Fidelity Wraparound.

Foundations of High-Fidelity Wraparound Practice (24.5 hours): Describes the value-based philosophy that differentiates High-Fidelity Wraparound from other practices. The High-Fidelity Wraparound process according to its core elements and their implementation towards practice is explored and participants will have an opportunity to practice. Wraparound Facilitators will be equipped with the necessary skills and knowledge to begin working with youth and families.

High-Fidelity Wraparound Follow-Up Training I: Documentation, Safety and Stability Training (6 Hours): Participants will learn how to use the High-Fidelity Wraparound model to create a strength-based Crisis and Stability plan that is built around the cycle of Predict, Prevent, Protect and Predict. Participants will also learn how to integrate this into the Action plan and tie safety and stability issues to underlying needs. The documentation training will review all of the tools used in the New Mexico High-Fidelity Wraparound process and instruct on the processes, protocols and documentation expectations that guide the NM High-Fidelity Wraparound process.

High-Fidelity Wraparound Follow-Up Training II: Engagement, Teaming and Conflict Resolution (6 Hours): Engagement is the foundation of the High-Fidelity Wraparound process. Ultimately Wraparound will not be successful without meaningful engagement. In this training, a Wraparound Facilitator will learn key skills to enhance the practice of engagement, drawing strongly on models such as the Nurtured Heart Approach and Motivational Interviewing. Facilitator will learn to identify the signs of strong or weak engagement, and creative strategies for when engagement is faltering. Participants will also learn about teaming and the process of moving from teams that rely on formal supports to teams that are primarily composed of natural and informal supports. Participants will explore how to manage conflict in the context of the High-Fidelity Wraparound approach and how to use conflict creatively to build an effective Action Plan.

High-Fidelity Wraparound Follow-Up Training III: Deepening Our Understanding of Vision, Needs and Benchmarks (6 Hours): The High-Fidelity Wraparound elements of Vision and Needs are often grasped well when explained, but can be challenging to meaningfully incorporate when working with families. Goals are often mistaken for Vision and services are often mistaken for Needs. The intent of this training is to teach skills to discover Vision and Needs, to differentiate them from other items, and to effectively apply them in an Action Plan. Building on these skills, the training will explore how to utilize Benchmarks to gauge the effectiveness of an Action Plan and honor the outcome-based value of High-Fidelity Wraparound.

High-Fidelity Wraparound Follow-Up Training IV: Ethics Across the System of Care – Certified and Credentialed Professionals (5.5 Hours): Differentiate amongst ethics, values, morals, and laws, and describe why these distinctions are important to everyday practice. Explain the relationship between privacy laws and ethical practice. Describe the purpose of professional boundaries for both providers and youth & families and how they support ethical practice. Summarize how cultural humility is relevant to ethical everyday practice. Discuss and describe professional scope and how this varies by professional title and credentials. Identify first steps for addressing colleagues' possible ethics violations. Demonstrate ethical concepts covered by applying them to case studies. Summarize best ethical practices and the role of supervision to this practice

New Mexico Child and Adolescent Needs and Strengths (CANS) is a multi-purpose tool that is used throughout the New Mexico Child Welfare system. Its underlying philosophy is person-centered, and its approach should always be trauma sensitive. Once a youth/family enters the NM High-Fidelity Wraparound process, this tool is utilized by the facilitator to support gathering and organizing of relevant information while moving through the phases of Wraparound. The domains in the Gathering the Family Story tool have been aligned with the life domains in the CANS. This information is used within Wraparound to support the work of the team in identifying unmet needs and prioritizing them within the Action Plan. This tool also provides outcome data that can be presented by the facilitator to youth/family's Wraparound team members to give concrete, objective feedback on outcomes. The CANS data also measures outcomes at both the individual and aggregate levels, allowing the State of New Mexico to monitor the effectiveness of the Wraparound program.

Wraparound Fidelity & Outcomes Measurement Evaluation Training for Facilitators (3.5 hours)

NM High-Fidelity Wraparound uses instruments to evaluate fidelity and outcome measures: The WFI EZ, the TOM, the DART are tools developed with the High-Fidelity Wraparound Evidence Research Team (WERT) from the University of Washington. This training is designed to orient Wraparound Facilitators on the domains these tools measure and how to utilize the results to improve practice.